



The Dystonia Support Group/ Birmingham, AL had our first annual "Summer Social" on 06/17/06 with 29 in attendance. Members attending were: Pat & Bill, Susie, Ken & Maxine William's, Francine & Gerald, Mary Ann, Joyce, Brad & Paige, Ricky & Jane, Josefine & Ted, Rosemary & Pete, Trisha Crain & Linda & Jay Mott.

### **WELCOME NEW MEMBERS!**

#### **Sherry - Adductor Spasmodic Dysphonia**

Sherry is in the Air Force & stationed in Warner Roberts, GA. We are all appreciative of her serving our country. Her home is Carrollton, AL.

#### **Melinda - Cervical Dystonia**

Melinda was accompanied by her husband, Joe. They live in Gadsden. Josefine Spindle is from Gadsden also & she & Melinda have some ideas to raise awareness there.

### **SPECIAL GUESTS**

**Eric** - Eric is Pat & Bill Wyatt's grandson. This was his second visit with us & we look forward to seeing him again. He will be attending Birmingham Southern & we all wish him the best of luck.

**Tyler** - Tyler is a friend of Eric's & we hope he will visit us again.

**Juanita** - Juanita is Joyce's cousin & has been with us before. Juanita you are always welcome.

**Pete & Stephanie** - Stephanie is Susie's daughter & Pete is Susie's son-in-law. They attended when Dr. LeDoux spoke to us in July of 2005 & we look forward to seeing them again. Thanks to Stephanie for providing us with the delicious Milo's tea.

**John Crain** - John is Trish's son & this was his first visit, his twin sister Madeline has been with us before. John is a very good basketball player & has recently returned from the beach for his 13th birthday party.

**Nancy, Jennifer & Shelby, Don & Betty, Dennis & Mary, Virginia, Kelly, Sandy & Randy, Janet & Grace, Mariellan, Brenda & Vincent, Betty & O.J., Mike & Susan, Sherryl, Judy, Don, Susan, Becky & Janice & Steve. We missed you & hope to see you in August!**

### **MENU**

Our menu included BBQ, potato salad, broccoli salad, cucumber congealed salad, baked beans, broccoli rice casserole, potato chips, fresh corn on the cob, fresh sliced peaches, Mandarin Orange Cake, Brownies, 4-tier cake, & Milo's tea.

We had a table decorated with a lime green table cloth & a beautiful summer bouquet in an old sap bucket. The flowers were given to Francine Atcheson to take to her Mother who suffers from Alzheimer's. Our sign in sheet was on the table, Governor Riley's proclamation of Dystonia Awareness Week June 4th -11th for our state & a photo album telling the story of DSG. All attendants enjoyed viewing the photos'.

### **KEN WILLIAM'S RECOGNITION**

As most of you know Ken is a Director, treasurer & business manager of the DSG. For me he is so MUCH more & I felt it time that he be recognized for ALL he does for us. With the cooperation of DMRF & NSDA this was accomplished. I presented Ken with a framed certificate from DSG, Pat presented a letter from NSDA & Ricky a certificate from DMRF.

### **ACKNOWLEDGMENTS OF DONATIONS FOR MONTH OF JUNE**

**Terri - \$500** Terri has never attended a meeting but is one of our biggest financial supporters. Terri suffers from GD & is from Montgomery. I hope we have the pleasure of meeting her one day.

**Melinda - \$20**

**Margaret - \$25 to DMRF in honor of Susie**

**Stephanie - \$25 in honor of her Mother, Susie**

**Pat & Bill - \$100**

**AL Insurance Exchange - \$100** 4 pack of HP ink cartridges. **Robert Williams in honor of his Father, Ken Williams.**

**Stephanie - \$24** case of DSG water **in honor of her Mother, Susie.**

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I want to personally thank all of you for your continued support of DSG. With monetary donations we have been very successful in our awareness campaign's this year. We always need copy paper, envelopes, stamps, ink cartridges, folders for "New Member Kit's", etc., Perhaps your employee is willing to donate supplies or a monetary donation to the DSG.

### **THERE WILL BE NO MEETING IN JULY**

### **AUGUST SPEAKER**

**Kindly mark your calendars for 08/19/06 at 10AM!!!**

My friend Mary Bifaro from Matthews, North Carolina will be our guest speaker. Mary suffers from SD, is a support group leader & serves on the board of directors of NSDA. **This is the first speaker to specifically address**

## spasmodic dysphonia.

### **GROUP PARTICIPATION**

I founded the DSG & am the leader but it is OUR group. I encourage all members to choose a topic & lead a meeting, find a speaker, etc. If any member has a hand out or anything they want to pass out at a meeting let me know prior to the meeting & provide me with a copy. I will attach to meeting agenda & also be prepared to discuss it. I am always busy greeting, making sure everyone is signed in, has a name tag, welcoming new members, etc. I'm sorry if I have offended anyone in the past & hopefully this will avoid any future miscommunication.

### **IN THE NEWS**

Rem Murray - NHL player for the Edmonton Oiler's who competed for the Stanley cup is working with DMRF to raise awareness in his new project "Reaching Your Goals."

[www.dystonia-foundation.org](http://www.dystonia-foundation.org)

NSDA - will have a new book available at the end of the year on Spasmodic Dysphonia.

[www.dysphonia.org](http://www.dysphonia.org)

### **PRAISE REPORT**

Mr. Huff's PET scan was clear, no sign of cancer. Thanks to all of you who along with me have lifted him in prayer. :)

I appreciate all of you,  
Linda